

CURRICULUM VITAE

NAME: Janice R. Levine

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PLACE OF BIRTH: Cleveland, Ohio

PERSONAL: Married, two children

EDUCATION:

1976 B.A. Yale University
1977 Special Student in Advanced Violin Performance, Yale School of Music
1979 M.A. Harvard University
1983 Ph.D. Harvard University (Personality and Developmental Psychology)

PREDOCTORAL INTERNSHIP TRAINING:

1979-1981 Pre-Doctoral Internship in Psychology, Judge Baker Guidance Center, Boston

LICENSURE AND CERTIFICATION:

1985 - Licensed Psychologist Provider, Massachusetts #3785
National Provider ID (NPI) #1306878293

ACADEMIC APPOINTMENTS:

1979-1980 Teaching Fellow, Harvard University
1979-1980 Sophomore Tutor in Psychology, Harvard University
1979-1981 Clinical Fellow in Psychology in the Department of Psychiatry, Harvard University
1979-1981 George and Cecile Naumberg Fellow, Harvard University
1985-1986 Lecturer in Psychology, Harvard University
1985-1987 Lecturer in Psychology, Harvard University Extension
1991-1993 Instructor, Cambridge Center for Adult Education
1991-1995 Instructor, Massachusetts School of Professional Psychology
1999-2003 Clinical Instructor in Psychology, Dept. of Psychiatry, Harvard Medical School

OTHER PROFESSIONAL POSITIONS AND APPOINTMENTS:

1983-1985 Staff Psychologist, Herbert Lipton Community Mental Health Center, Ayer, MA
1983- Private Practice, Lexington, MA
1988-1992 Founder and Director, "The Third Thursday Parent Education Program," Lexington, MA
1991 Board of Directors, The Family Place, Sudbury, MA
1996-1997 Board of Directors, The Family Solutions Alliance, Wellesley, MA
1995- Founder and Director, "The Couples Health Program," Lexington, MA
1997- Board of Directors, The Terezin Chamber Music Foundation.

HONORS AND AWARDS:

1976	The Branford Arts Prize, Yale University
1978	Honorary Mention, The National Science Foundation
1978-1979	Developmental Trainee Fellowship Award, National Institute of Mental Health
1980	Margaret Yardley Fellowship Award, New Jersey State Federation of Women's Clubs
1988 -	Who's Who Among Human Service Professionals
1992 -	Who's Who Among American Women

MEMBERSHIPS IN PROFESSIONAL SOCIETIES:

1983	American Psychological Association
1983	Massachusetts Psychological Association
1986	National Register of Health Service Providers in Psychology
1988	American Board of Medical Psychotherapists
1998	Coalition for Marriage, Family and Couples Education
2001	International Society for the Study of Women's Sexual Health

MAJOR RESEARCH INTERESTS:

1. Couples Relationships
2. Developmental transitions throughout the lifespan
3. Mindfulness Meditation and Psychotherapy

REGIONAL, NATIONAL, AND INTERNATIONAL CONTRIBUTIONS:

Invited Papers and Presentations

1996	Fourth Annual Conference: <i>A View From All Sides: Reflections and Directions in Parenting Education</i> , "What Do You Do When the Experts Disagree?" Wheelock College Center for Parenting Studies, Boston, MA
1997	Psychiatric Grand Rounds; "The Couples Health Program" Invited speaker; Emerson Hospital
1997	"My Daughter - My Self: Renegotiating the Mother-Daughter Relationship" The Winsor School Parents' and Alumnae Association, Boston
1998	First Annual Conference: <i>Smart Marriages / Happy Families</i> , "The Couples Health Program: Teaching Transformative Change". The Coalition for Marriage, Family and Couples Education, Washington DC
1998	"In the Best Interest of the Child: Relationship Skills Education" Paper presented to the American Academy of Pediatrics Task Force on The Family, Boston, MA
1999	Second Annual Conference: <i>Smart Marriages / Happy Families</i> , "Commitment and Change", with Scott Stanley, PhD The Coalition for Marriage, Family and Couples Education, Washington DC
2000	Harvard Medical School / Cambridge Hospital <i>Treating Couples</i> Conference: "Why Do Fools Fall in Love?" Boston, MA

- 2000 Boston University Female Sexual Function Forum: *New Perspectives in the Management of Female Sexual Dysfunction*. Poster Presentation: “Why Do Fools Fall in Love?” Boston, MA
- 2001 The 24th Annual Psychotherapy Networker Symposium: *Shaping the Future of Psychotherapy*, “Why Do Fools Fall in Love?”, with Howard Markman, PhD Washington, DC
- 2002 Fourth Annual Conference: *Smart Marriages / Happy Families*, Keynote Address: “Why Do Fools Fall in Love?” with Howard Markman, PhD The Coalition for Marriage, Family and Couples Education, Washington DC
- 2003 The Center for Women’s Psychological Health: *The Fate of Love Over Time: Making the Most of Relationships*: “Falling and Staying in Love: Understanding Love’s Multiple Dimensions.” Boston, MA
- 2003 Fourth Annual Conference: *Smart Marriages / Happy Families*, Moderator, Keynote Panel: “Can Love Be Designed?” with John Gray, Howard Markman, Pat Love and Robert Epstein; The Coalition for Marriage, Family and Couples Education, Orlando, Fla.
- 2003 American Psychiatric Association 2003 Annual Meeting: “Counseling Committed Couples: Rethinking Therapeutic Neutrality.” Panel Discussant. San Francisco, CA
- 2003 American Psychiatric Association 55th Institute on Psychiatric Services: *Access to Integrated Mental Health Care*: “Patterns of Lasting Relationships: Research Lessons for Psychotherapists,” Workshop Presenter. Boston, MA
- 2008 Massachusetts Psychological Association: “Navigating the Good Divorce: Essential Legal, Financial, and Psychological Considerations.” Boston, MA

BROADCAST MEDIA:

- 1985-1988 Cable TV Host and Guest Expert, Lexington MA
“Perspectives on Parenting”
- 1991 Fort Devens Army Base, Ayer, MA
Assorted Interviews and Presentations on: “Children and the Gulf War”
- 1992 WCVB TV, *People Are Talking*, Boston, MA
Guest Psychologist: “Multicultural Marriages: Do They Work?”
- 2001 ABC World News Now
FOX TV (Cleveland, OH)
WGBH (Boston, MA)
Psychology Today Contributor and Guest Relationship Expert
Assorted TV and Radio Interviews on release of “Why Do Fools Fall in Love?”

BOOKS:

Crohn, J., Markman, H. J., Blumberg, S. L., Levine, J. R. (2001). *Beyond the Chuppah: A Jewish Guide to Happy Marriages*. San Francisco: Jossey-Bass.

Levine, J. R. and Markman, H. J., Eds. (2001). *Why Do Fools Fall in Love?* San Francisco: Jossey-Bass.

ADDITIONAL INVITED PRESENTATIONS:

Littleton Public Schools

Improving Home/School Communication: Problem Analysis

Concord Public Schools, Early Childhood Resource Center (2 years)

Creative Conflict Resolution for Healthy Families

Talking to Your Children About Sex

Lexington Public Schools

Lexington High School: *Adolescent Issues: Ask the Experts*

Lexington PTA: *Conflict Resolution for Healthy Families*

Lexington PTA: *Sex Education from a Developmental Perspective*

Lexington Preschools

L.E.A.P. Teacher Training: *Understanding Circle Time*

Preschool PTA: *Welcoming Address (2 seasons)*

Effective Discipline

Children's' Fears

Wellesley Mother's Forum: Opening Speaker for Two Seasons:

The Myth of the Perfect Parent

Planting the Seeds of Future Happiness

McLean Hospital EAP (Luncheon presentations)

Personality Development

Stress Management

The Parent Place, Arlington (with Robert Levenson, MD)

Sleep Disturbances in Infancy

Attachment, Separation Anxiety, and Children's' Fears

Third Thursday Parent Education Program

September, School, and Separation Anxiety: The Three S's of Fall

Panel Discussion with Gerald Koocher, Ph.D, and M. Patricia Boyle, Ph.D:

Raising Healthy Children in the 1990's: Critical Issues

Summing it all up: Do the Experts Agree?

The Family Place, Sudbury

Birth Order Effects in Child Development

Temple Isaiah, Lexington

Discussing the Gulf War with your Children

The Family Solutions Alliance, Wellesley

"The Couples Health Program"

The First Congregational Church, Cambridge

Surviving the Information Avalanche

The Referral Center, Panel Series

Dispelling the Myth of the Perfect Parent

Lexington Chamber of Commerce

Stress Management: Techniques and Strategies

Wide Horizons for Children, Inc.

Parenting Your Adopted Child

Congregation Shalom, Chelmsford, MA

Judaism's Insights into Successful Relationships